

777 bless it," and any evil or illness happens afterwards, the chances are
[788] that the blame will be put on the "bad eye." The evil-eye may be rendered harmless by making the sign of the cross in the name of the Trinity.

754 There is an old woman in Bofin who is considered to be a witch, and is said to be in the habit of putting the "bad eye" on people and on domestic animals.

825 There are several beliefs about beasts and birds, such as that the
821 barnacles on the logs of drift wood, which often come ashore, develop into geese, and that a gale of wind may be brought on by the simple expedient of putting a black cat under a pot. Seals are thought to be enchanted men, and will dive if they see a priest or a man in a black coat; their appearance is said to portend bad weather. Who these
825 enchanted men were, and by whom they were placed under the enchantment, I could not ascertain, but the following mention of this belief is made in a footnote by the late Mr. Hardiman, in his edition of O'Flaherty's "H'Iar Connaught" (p. 27):—

"Many traditions, connecting these harmless animals with the marvellous, are related along our western shores. Among these there is one of a curious nature, viz. that at some distant period of time several of the Clan Coneelys (Mac Conaile), an old family of Iar Connaught, were by "Art magick," metamorphosed into seals! In some places the story has its believers, who would no more kill a seal or eat of a slaughtered one than they would of a human Coneely. It
[551] is related as a fact that this ridiculous story has caused several of the clan to change their name to Conolly."

776 Fairies are firmly believed in by many, and one man who is subject to epileptic fits relates long stories of his dealings with them.

Many tales are told about them and their doings, but few of them can be collected by a stranger, as the people are very reticent on the subject. They are supposed to exercise a malign influence on infants, especially before baptism, stealing them if good-looking, and supplying their places with puny, wizened changelings. These are got rid of, and the true child recovered by very simple means; it is only necessary to light a large fire and put on the pot to boil, and then to threaten the changeling that he will be boiled, when he will vanish, and the lost child be found in his place.

[775] Woman who die in childbirth or from puerperal fever are believed to be carried away by the fairies to act as wet-nurses.

776 Mrs. Allies informed me that her baby is regularly spat upon by
854 the people when its nurse takes it out, in order to keep off the fairies

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or the influence of the evil-eye; and that she had been told by some of the people that they had seen little men, dressed in green, and headed by two others dressed in black, running over the hills. 776
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In a recent Paper,¹ Professor A. C. Haddon gives the following:—

“In Innishbofin, Co. Galway, the people have a very firm belief in fairies. Mr. Allies, who resides there, informed me that one old man told him that he saw a number of fairy girls, dressed in brown, around him one day when he (Mr. Allies) was shooting rabbits. Mr. Allies offered £50 if a fairy could be shown to him, and £100 if he took a photograph of one. Mr. Allies has not yet paid away any money. Mr. Allies and his brother were quarrying a rock by the side of the harbour, and at last the men refused to work at it any longer, as it was so full of ‘good people’ as to be hot.”

It is remarkable that the leprachaun does not appear in any of the fairy tales of these islands, though the fir dearg figures largely in them.

1. *Customs*.—The old customs kept up here are said not to be numerous. Wakes and funeral observances have been already referred to (p. 352). Beltane-fires are lighted on St. John's Eve, round which the people gather, and, when the fire becomes low, they leap through the smoke over the embers. 372
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The custom of chasing the wren on St. Stephen's Day, so common throughout the greater part of Ireland, is said not to be known here. [184]

There are two holy wells on the islands, one, Tober Flannain, in the graveyard close to Tempull Colman, in the townland of Knock, is reputed to have worked many marvellous cures; and the other, Tober Leo, on Inishshark, not far from the cloghan of the saint, is also of great local fame. 312
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For the following note on Inishshark, I am indebted to Mr. Michael Lavelle:— 172

“There is yet shown a ruin called Cloghan Leo, in which he (St. Leo) is said to have dwelt; also fourteen stations, to each of which on certain days these people make a holiday, and pray there for the day. There is also a blessed well, called Thobar Leo, at which they pray; and after praying during the day, they go and sleep in the place mentioned above (Cloghan Leo), but it is now almost to the ground. 778

“On one of the stations is a granite stone which is hollowed out

¹ “A Batch of Irish Folk-Lore.” Professor A. C. Haddon, *Folk-Lore*, vol. iv., p. 49.

FURNITURE AND FITTINGS

Low stools and benches seem to have been the traditional form of seating, and no doubt the floor served for the children. Travellers noted that this was the best way to avoid the smoke: 352

By sitting low, on rushes spread,
The smoke still hover'd overhead;
And did more good than real harm,
Because it kept the long house warm.¹

Fireside seats, more or less fixed, were often of stone, a solid block of wood or a large lump of turf. In the 'round about' hearths which were common in parts of Co. Antrim, and which people who remember them have described to me, the seat behind the fire, a log of wood, was known as the dais, a dialect word for a bench or seat which appears to be of north English origin. Solid seats of coiled straw or rushes were also common (Fig. 29) but the favourite fireside stool was the three-legged creepie, resembling a milking stool and like it finding a firm hold no matter how uneven the floor. There is little evidence of chairs of any antiquity. A three-legged type found in parts of the west, with a triangular seat and a narrow one-piece back has probably evolved from the creepie but looks Germanic. The nearest approach to a distinctive Irish style is the straw or rush-seated chair, which finds its best-known homes in Co. Down and Co. Limerick. High-backed armchairs made entirely of coiled straw rope after the manner of a beehive used to be found in the west, and since they can be paralleled in many parts of western Europe from the Orkneys to Spain it is probable that their manufacture is a peasant craft of some antiquity (Fig. 29). Cradles, too, were made of straw as well as of wood and basketwork, and they were sometimes suspended from the roof. I have heard of a cradle being improvised by laying a horse-collar on the floor. The phrase 'rocked in a pot' applied to an illegitimate child is said to derive from the use of a large fireside cooking pot as cradle and hiding place: round-shouldered infants were therefore suspect. [854] ●

Down to recent times it was the custom to keep most of the dairying equipment in the kitchen, and in the traditional peasant house the upright churn still occupies a place against the wall, [848] 234 353

¹William M(c)affatt, *The Western Isle* (1724), Canto 2. [Text continues

WEDDINGS AND WAKES

doing others; and there is simple symbolic magic in the act of blowing the bellows in a forge to ensure safe delivery. In Mayo a ploughman would be called in to lift and shake a woman in difficult labour,¹ and there are hints of the *couvade* in the custom of wearing the husband's jacket during childbirth in the belief that he will then bear some of the pain. Mothers and babies were thought to be especially liable to be abducted by the fairies, and protective charms were hidden in a baby's dress or placed in the cradle. When children were taken to be baptised, too, special preparations were made and precautions taken, for example, a Co. Antrim clergyman reported that his parishioners would place a piece of bread and cheese in the child's clothing.² The old custom of dressing boys in girls' clothes, in long frocks, until they were ten or eleven years of age has been explained as a means of deceiving the fairies, who were always on the lookout for healthy young boys whom they could replace by feeble 'changelings'. For the same reason it is unwise to praise a child without adding a saving 'God bless him', and young boys are still half jocularly referred to as 'rogues and tories'. The belief in 'changelings' may have arisen as an explanation of the high mortality rate among baby boys as compared with girls. 844
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When we come to the topic of the omens and rites of death and burial the supernatural world is ever-present. The custom of opening windows and doors to let the spirit of the dead depart is well known: in addition a hole was sometimes made in the roof thatch. Of Co. Sligo early last century we read: 'As soon as the breath has departed from a sick person, the bed is carried out, and if there be high ground near the house, it is there set on fire and consumed to ashes, while the air resounds with doleful cries.'³ When death was imminent the sick person was laid on the floor, for this was believed to ease the escaping spirit. Two persons of the household should take part in every necessary task at this time, and two persons were sent out to carry news of the death, traditionally to the livestock and the bees as well as to the neighbours. Great care was taken to 763

¹C. R. Browne, *The Mullet*.

²Wood-Martin, *Elder Faiths*, 2, 39.

³W. Shaw Mason, *Parochial Survey*, 2, 368.

Sex and Repression in an Irish Folk Community

Many kinds of behavior disassociated from sex in other societies, such as nudity and physiological evacuation, are considered sexual in Inis Beag. Nudity is abhorred by the islanders, and the consequences of this attitude are numerous and significant for health and survival. Only infants have their entire bodies sponged once a week, on Saturday night; children, adolescents, and adults, on the same night, wash only their faces, necks, lower arms, hands, lower legs, and feet. Several times my wife and I created intense embarrassment by entering a room in which a man had just finished his weekly ablutions and was barefooted; once when this occurred, the man hurriedly pulled on his stockings and said with obvious relief, "Sure, it's good to get your clothes on again." Clothing always is changed in private, sometimes within the secrecy of the bedcovers, and it is usual for the islanders to sleep in their underclothes.

Despite the fact that Inis Beag men spend much of their time at sea in their canoes, as far as we could determine none of them can swim. Four rationales are given for this deficiency: the men are confident that nothing will happen to them, because they are excellent seamen and weather forecasters; a man who cannot swim will be more careful; it is best to drown immediately when a canoe capsizes far out in the ocean rather than swim futilely for minutes or even hours, thus prolonging the agony; and, finally, "When death is on a man, he can't be saved." The truth of the matter is that they have never dared to bare their bodies in order to learn the skill. Some women claim to have "bathed" at the back of the island during the heat of summer, but this means wading in small pools with skirts held knee-high, in complete privacy. Even the nudity of household pets can arouse anxiety, particularly when they are sexually aroused during time of heat. In some homes, dogs are whipped for licking their genitals and soon learn to indulge in this practice outdoors. My wife, who can perform Irish step-dances and sing many of the popular folk songs, was once requested to sing a seldom-heard American Western ballad; she chose "The Lavendar Cowboy," who "had only two hairs on his chest." The audience response was perfunctory and, needless to say, she never again was "called out" to sing that particular song.

The drowning of seamen, who might have saved themselves had they been able to swim, is not the only result of the sexual symbolism of nudity; men who were unwilling to face the nurse when ill, because it might have meant baring their bodies to her, were beyond help when finally treated. While my wife and I were on the island, a nurse was assaulted by the mother of a young man for diagnosing his illness and